Ebola Virus Update
Signs and Symptoms

Incubation Period? (time it takes to show symptoms)
* 2 – 21 days (average is 8-10 days)

Common Symptoms
* Fever (greater than 101.5 degrees F)
* Severe headache
* Muscle pain
* Weakness
* Diarrhea
* Vomiting
* Abdominal (stomach) pain
* Unexplained hemorrhage (bleeding or bruising)

How Is It Transmitted?

- Direct contact with body fluids
- Body fluids from infected person (alive or dead) has touched someone’s eyes, nose, mouth, open cut, wound, abrasion

How Is It Transmitted?

- Found in Body Fluids:
  - Saliva
  - Mucus
  - Vomit
  - Feces
  - Sweat
  - Urine
  - Semen
  - Breast milk
  - Tears
How Is It Transmitted?

• What about coughing or sneezing?
  • Yes, **but only** if fluids excreted come in contact with eyes, nose, mouth.

*Please Note: coughing and sneezing are not common Ebola symptoms*
How Is It Transmitted?

• If someone survives Ebola, can he or she still spread the virus?
• Once someone recovers from Ebola, they can no longer spread the virus. However, Ebola virus has been found in semen for up to 3 months. People who recover from Ebola are advised to abstain from sex or use condoms for 3 months.

Ebola Life Span Outside the Body?

- Ebola on dried surfaces (doorknobs/countertops) can survive for several hours.
- Ebola in body fluids (blood) can survive up to several days at room temperature.
- Good News!
  - Ebola is killed with hospital-grade disinfectants (such as household bleach 10:1 solution).

University Health Center: Response to Ebola

*Collaborating with Corpus Christi Nueces County Public Health District and Public Health Emergency Preparedness Department Director (PHEP), Linda Simmons
*Per CDC recommendations, patients are being screened for risk factors/symptoms on the phone and in the clinic.
*All staff provided with PPE (Personal Protective Equipment) for patients complaining of fever/Ebola symptoms
*Clinic plan for potential contact/case
  *Immediate Isolation
  *Immediate notification to PHEP, Linda Simmons
University Health Center: Response to Ebola

*Immediate transfer off campus
*Immediate institution of UHC protocol for campus communicable disease outbreak

*The University Health Center is being notified of any updates through the Center for Disease Control and will pass on any pertinent information to the campus community promptly.
KEEP CALM AND WASH YOUR HANDS